

# After hours crisis mental health support in GM using faith-based organisations



Trio lead

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Trio members



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Start

Siloed

Small

Energised

## Our starting point

Evidence across GM shows people aren't getting the Crisis Mental Health (CMH) support they need, especially after hours. We want to prototype After Hours Cafés, harnessing GM's untapped network of 1100 faith organisations to provide after hours, community-based CMH support.



Prevention



## System barriers

Community organisations operating at the margins, on short-term funding

Power, resources and decision making concentrated in statutory services

## Our system shifting trio

Our trio is a cross-sector team connecting the faith sector, the CA and a LA. We have a diversity of lived experience and are making new alliances to connect system stakeholders to our experiment.



## Lightbulb moments

**Data:** Greater Manchester Police Temporal Analysis of 999 calls mentioning suicide evidences the after-hours demand.

**Experiences:** North West Ambulance Service (NWAS) shared their experience of patient needs for an after-hours crisis mental health service, which offers our project a quantifiable business case to take to GM NHS for long term funding of the project -by reducing A&E treatment costs. This has informed the evaluation discussion with GM NHS.

**Culture:** The culture of engagement and support in GM surprised me most in the process of this project. Every door I knocked on was opened, providing good intel and introductions to key leaders across the system network. This has led to high-quality outcomes in the project.



## Our biggest challenges

Finding the £75K to start a 12 month pilot project is the biggest delay to this project. We have a plan to find the money by applying to various grant funds. Additional support in finding relevant funds to apply to in GM would be useful.

## Our insights and breakthrough

My trio team has been a highpoint of the project, offering so generously their experience in the development of this project and support in connecting to leaders across GM. Together we have achieved a breakthrough in the co-design and co-production of the After-Hours Café in Faith-based settings.

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## Next Steps

1. Sign off the project with key stakeholders by end April '25
2. Deliver £75K pilot project funding in stages from April '25 – April '26
3. Recruit project coordinator by end Aug '25
4. Launch x7 After-Hours Cafés in Stockport incl training by end Oct '25
5. Deliver phase 1 pilot project evaluation by April '26

Now

Timely

Confidence

Competence